



Vikki Stark

Individual and Couple Therapy

Thanks for contacting me! Zoom sessions are an excellent way for us to address your therapy needs safely and can be very effective in helping you with whatever is on your mind. I look forward to talking with you soon!

General Policy

1. Sessions last 50 minutes. The time is calculated based on our scheduled start-time.
2. Couple or family sessions only begin when everyone is present.
3. Make sure you're in a private and quiet place and will not be interrupted.
4. It's best to use a computer rather than a tablet or phone, if possible. Please make sure your face is well lit.
5. No eating in the session. Non-alcoholic drinks are fine.

Zoom Sessions

You will be sent the Zoom link when you schedule your appointment and will receive a reminder the day before.

Scheduling a Session

I will send you a link to my agenda where you can find a good time and schedule your session. After our first session, I'll forward a different link to you so you can schedule subsequent sessions.

Payment

The session fee is \$220US. You'll be asked to pay with a credit card when you schedule the session. Should you need to cancel, notify me 24 hours in advance and you'll be refunded. After the first session, you'll not be refunded if you cancel without 24 hours notice.



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SEDONA

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COUNSELLING CENTRE

Insurance Receipts

I'm registered in the Province of Quebec, Canada. I'm licensed by the *Order of Social Workers and Family Therapists in Quebec* (OTSTCFQ) and am a psychotherapist with the *Quebec Order of Psychologists* (OPQ). I'm also a member of the *Academy of Naturopaths and Naturotherapists of Canada* (ACNN). I'll email you a receipt at the end of the month.

Confidentiality

The information you share with me will be treated with the utmost respect and a code of strict confidentiality will be applied at all times.

Let's get started!

Best,

Vikki Stark
Psychotherapist

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